

MEMORANDUM

TO: All Residents
FROM: Larry Cessna, President
DATE: March 13, 2020
RE: CORONAVIRUS

As we continue to witness the spread of coronavirus throughout the United States, we wanted to take the time to encourage residents and families to practice the following precautions as recommended by the CDC even more diligently since we are in a community-living environment:

1) WASH YOUR HANDS!

Frequently! Use hot water and soap and wash for at least 20 seconds.

2) MAKE USE OF THE HAND SANITIZER STATIONS THROUGHOUT THE BUILDING.

3) REFRAIN FROM TOUCHING YOUR FACE.

4) COUGH OR SNEEZE INTO YOUR ELBOW. DISPOSE OF USED TISSUES PROPERLY INTO THE TRASH.

5) EMPLOY MORE STRINGENT CLEANING METHODS, PARTICULARLY ON HIGH-TOUCH SURFACES.

Pay special attention to areas like doorknobs, keyboards, counter surfaces, elevator buttons, etc. Use a bleach-type disinfectant.

(see reverse)

6) WATCH FOR SIGNS OF ILLNESS IN YOURSELF AND YOUR FELLOW RESIDENTS AND REPORT ANY CONCERNS TO NURSING.

7) STAY IN YOUR APARTMENT IF YOU ARE SICK!!!

The symptoms of coronavirus are fever, dry cough and difficulty catching your breath. If you have any of these symptoms, please use common sense and act out of an abundance of caution for yourself, your fellow residents and our staff, by staying in your apartment. **DO NOT leave your apartment until you have been evaluated by a healthcare professional.** If you are feeling ill, please contact Georgia Sutton, Director of Resident Care, who can do a preliminary assessment of your condition. Georgia will contact your family members and/or your physician to determine how you should be evaluated and treated. If you need medical meal delivery to your apartment, please let Georgia know and she will arrange for this with Dining Services so that you are not charged for meal delivery. Ingleside has the responsibility to provide a safe living and working environment for all, and residents who exhibit signs of respiratory illness may be required to self-isolate in their apartments until they are cleared by a doctor.

Due to the overwhelming amount of information circulating about this virus, we strongly encourage you to make sure that you are getting your information from reliable sources. We recommend the following website for up-to-date information:

www.cdc.gov/coronavirus/2019-ncov

Please contact Larry Cessna, President with any questions.